

21 DAYS OF PRAYER & FASTING



JAN 8 - JAN 28, 2023

A note from your Pastors:

Dear Hope Church Family,

We are so excited to kick off 2023 with 21 Days of Prayer & Fasting together. Prayer is a powerful tool that we as Christians have to speak to our Heavenly Father. The power of prayer isn't in the person praying. It's not a magic formula. It isn't keywords. It is an open heart, humble and filled with awe of who our mighty God is. The power is in WHO we are praying to.

During these 21 Days of Prayer, we want to pray *for* each other and *with* each other. If you have something specific you'd like us to pray for during this time, email 21days@HOPEwintergarden.com with your request. We will be LIVE on Facebook each weekday at 6:30am to pray together and be encouraged by God's Word. We will also be meeting in person each Saturday morning at 8:30am, at the Hope Church offices located inside the YMCA.

We can't wait to see how God will work in the life of our church during this season. We believe families will be made stronger, marriages will be fortified, dreams will be renewed, vision will be clarified and so much more. Let's press in Church!

Living with HOPE,
Pastor Wes & Diana

The following daily scriptures have devotions to accompany them in the YouVersion Bible App plan: "21 Days of Fasting and Prayer Devotional: Send REVIVAL".



"To be a Christian without prayer is no more possible than to be alive without breathing."

-MARTIN LUTHER

Creating a Lifestyle of Prayer

"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed."

- Mark 1:35

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God - whether it's first thing in the morning, at lunch, or in the evening - and faithfully keep it.

HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." This outline is available in this guide. As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

Prayer is how we connect with God.

The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and helps us live dependently on Him. This model takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed.

USE THE MODEL JESUS GAVE US: "THE LORD'S PRAYER"

Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one. For yours is the kingdom and the power and the glory forever, Amen.

MATTHEW 6:9-13 NKJV

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| Connect with God relationally. | "Our Father in Heaven" |
| Pray His will first. | "May your Kingdom come soon.
May your will be done on earth,
as it is in Heaven" |
| Depend on Him for everything. | "Give us today the food we need" |
| Keep your heart right with God and people. | "Forgive us our sins, as we forgive those who sin against us" |
| Have faith in God's ability | "For yours is the kingdom and the power and the glory forever" |

Why do we practice fasting?

"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting...But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you."

Matthew 6:16-18

WHAT IS FASTING?

Fasting is voluntarily going without food — or any other regularly enjoyed, good gift from God — for the sake of a spiritual purpose. Something that is definitely counter-cultural in today's consumerist society.

WHAT DOES THE BIBLE SAY ABOUT FASTING?

When Jesus talks about fasting he assumes his followers will fast. He doesn't say "if," but "when you fast" (Matthew 6:16). And he doesn't say his followers might fast, but "they will" (Matthew 9:15). We fast in this life because we believe in the life to come. Because we have tasted and seen the goodness of the infinite God — and are desperately hungry for more of him.

HOW DO WE FAST?

Pick something to set aside in this season. Some examples are food, electronics, social media, caffeine, or anything that you may rely upon daily. Instead of turning to those things where you usually would, spend time with God instead. Ask him for a dependence and hunger for His ways, His Will, and His Heart.

S.O.A.P.

Scripture | Observation | Application | Prayer

Our desire is that every believer would learn to hear from God daily through His Word. We believe that doing daily devotions patterns the way we think, transforms our heart, and helps us become more like Jesus! One practical way to study the Bible is to use the SOAP Method:

Scripture

Write down in your journal the verse(s) of the day.

Observation

Write down observations about the scripture you just read. What do you think God is saying through this scripture?

Application

Personalize what you have read by asking yourself how it applies to your life right now.

Prayer

Write down a personal message from you to God based on what you just learned, and ask him to help you apply this truth in your life

SOME HELPFUL TOOLS

Bible, Pen, Journal, 21 Days of Prayer Guide

DAY 1 | SUNDAY | JAN 8

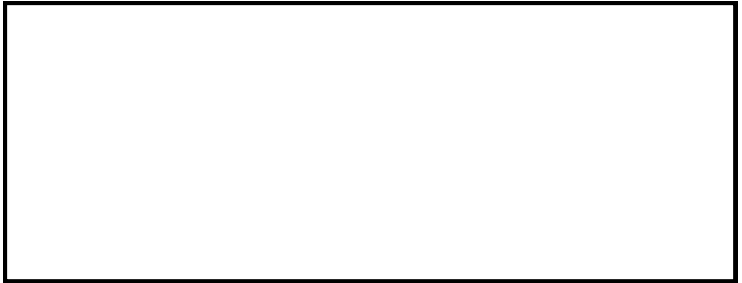
SEND REVIVAL

SCRIPTURE: HABUKKUK 3:2

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Scripture



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Observation



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Application



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Prayer



DAY 2 | MONDAY | JAN 9

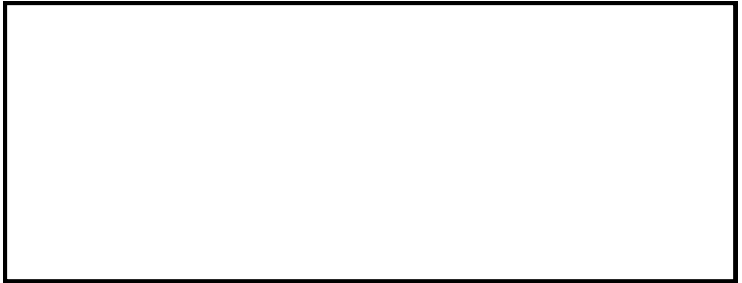
MORE LIKE HIM

SCRIPTURE: 2 CORINTHIANS 3:17-18, JOHN 10:10

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Scripture



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DAY 3 | TUESDAY | JAN 10

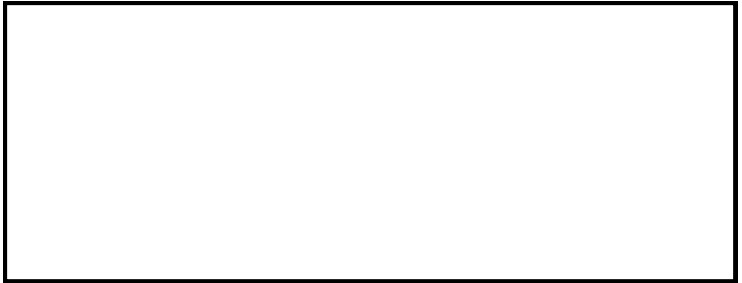
WHAT'S HIS IS MINE

SCRIPTURE: EPHESIANS 1:13-14,
1 CORINTHIANS 1:21-22

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Scripture



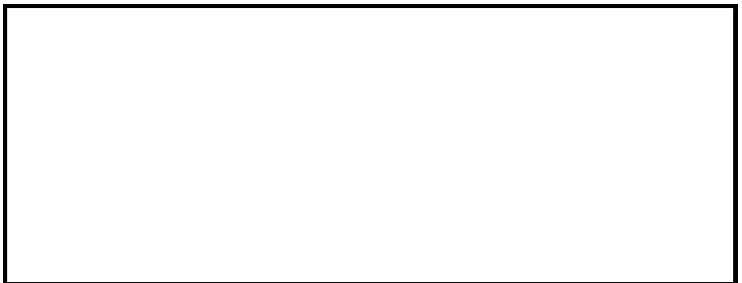
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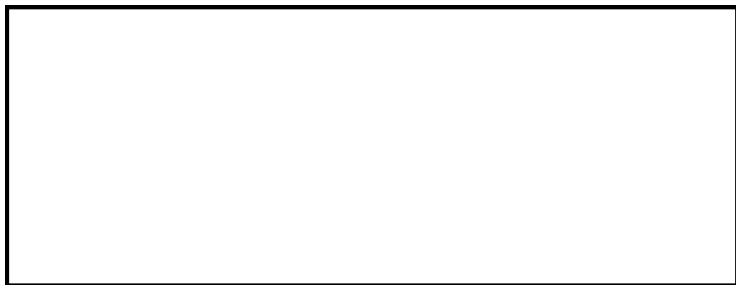


DAY 4 | WEDNESDAY | JAN 11

THERE IS MORE

SCRIPTURE: MATTHEW 5:6


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Scripture



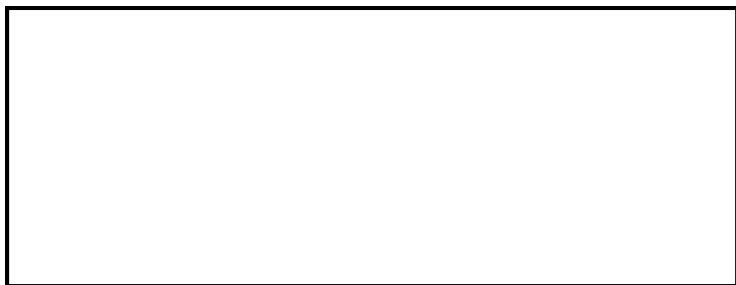
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DAY 5 | THURSDAY | JAN 12

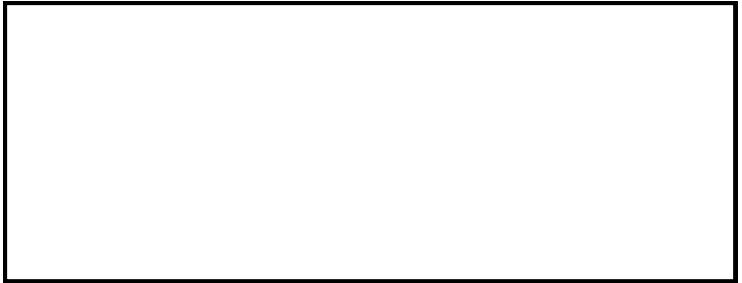
PASSION AND PERSEVERANCE

SCRIPTURE: LUKE 18:1-8

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DAY 6 | FRIDAY | JAN 13

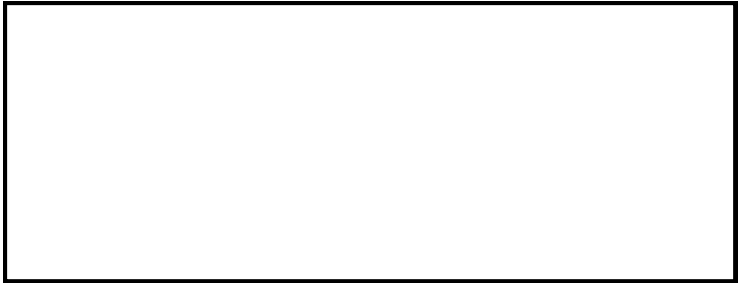
FERVENT PRAYER

SCRIPTURE: JAMES 5:16-18

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Scripture



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DAY 7 | SATURDAY | JAN 14

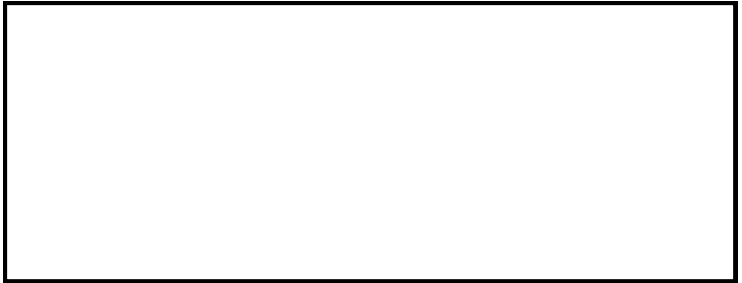
DRAW NEAR

SCRIPTURE: JAMES 4:8, DEUTERONOMY 31:6

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Scripture



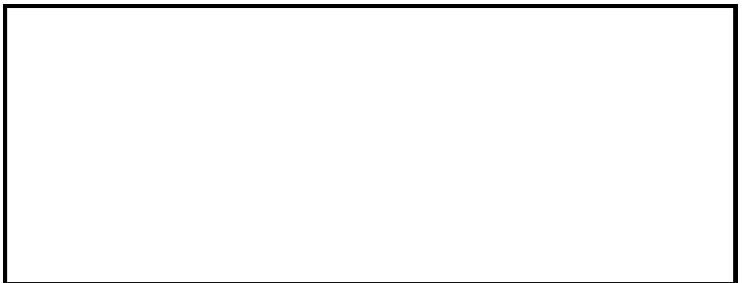
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DAY 8 | SUNDAY | JAN 15

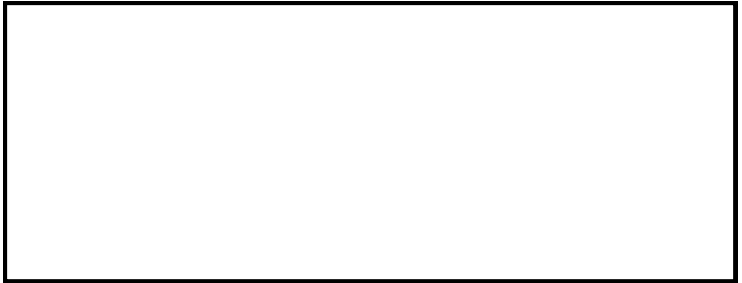
OVERFLOW

SCRIPTURE: JOHN 7:37-39

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DAY 9 | MONDAY | JAN 16

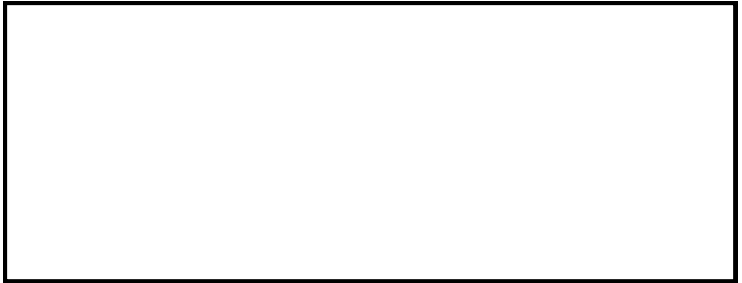
UNITED IN CHRIST

SCRIPTURE: 1 CORINTHIANS 12:12-27, EPHESIANS 4:1-4

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Scripture



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Observation



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DAY 10 | TUESDAY | JAN 17

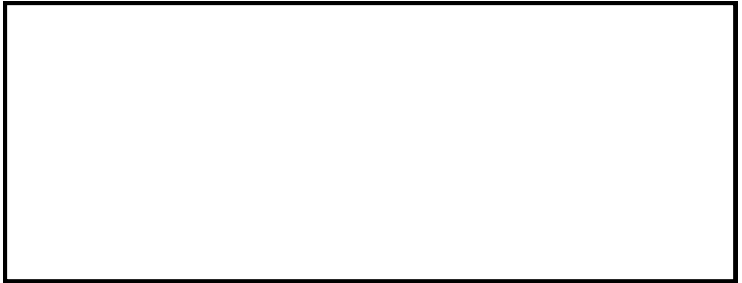
WELCOME TO THE FAMILY

SCRIPTURE: ROMANS 8:14, EPHESIANS 2:19-22,
JOHN 1:12

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Scripture



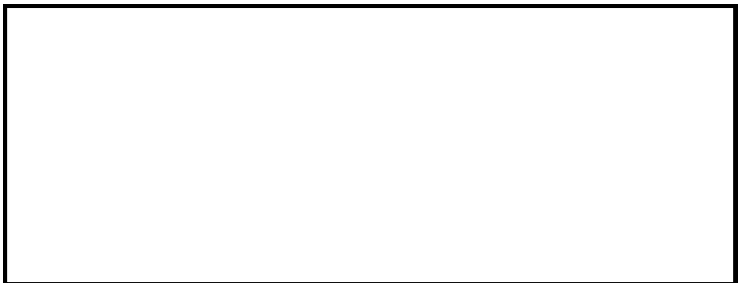
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Prayer



DAY 11 | WEDNESDAY | JAN 18

BEGINNING WITH GRATITUDE

SCRIPTURE: PSALM 100:4, 107:1, 143:5 & 77:11

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Scripture



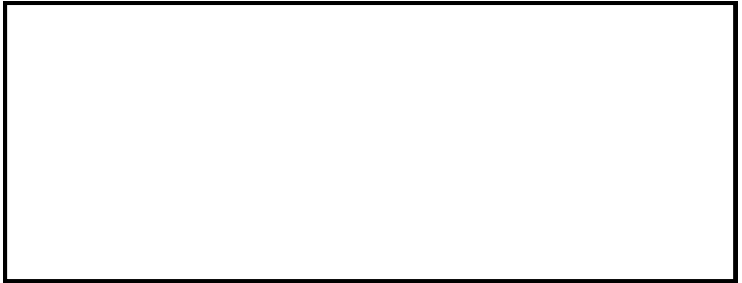
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Observation



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DAY 12 | THURSDAY | JAN 19

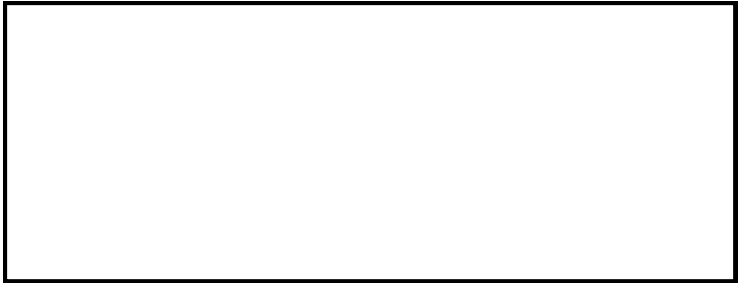
ALL ABOUT APPETITE

SCRIPTURE: GENESIS 25:19-34, HEBREWS 12:16 & 11:6

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DAY 13 | FRIDAY | JAN 20

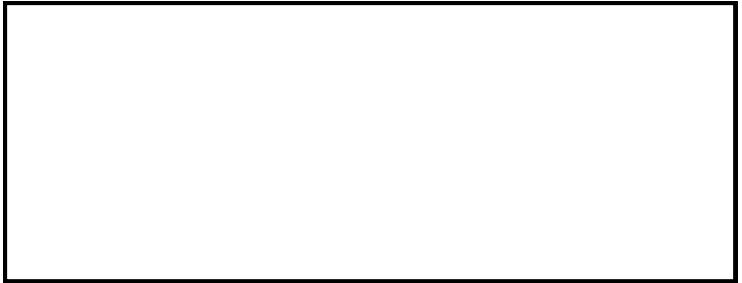
MORE THAN WE CAN ASK OR IMAGINE

SCRIPTURE: EPHESIANS 3:20

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DAY 14 | SATURDAY | JAN 21

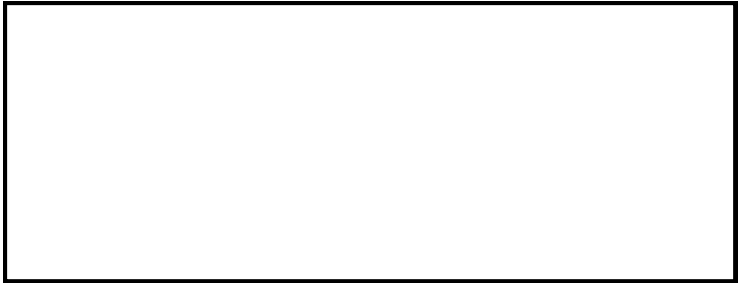
GREATER THINGS

SCRIPTURE: JOHN 21:25 & 14:12-17

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Scripture



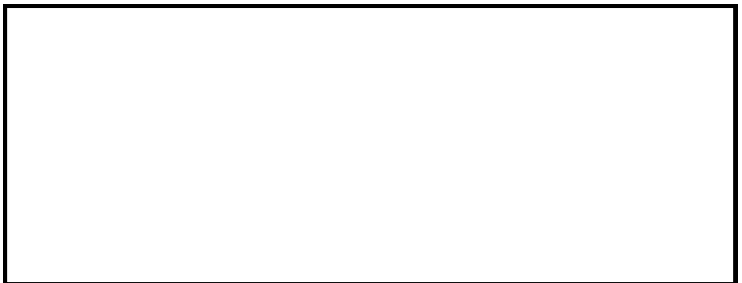
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DAY 15 | SUNDAY | JAN 22

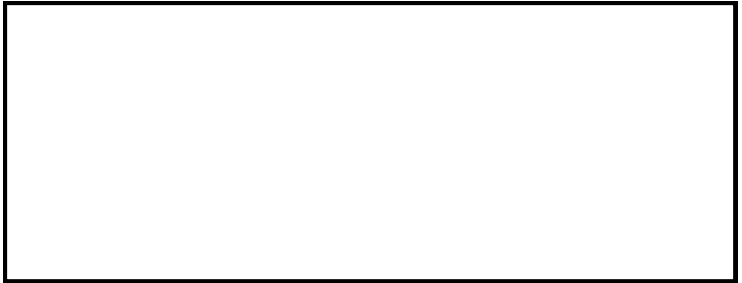
A DIFFERENT SPIRIT

SCRIPTURE: NUMBERS 13 & 14:24, LUKE 10:25-28

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Scripture



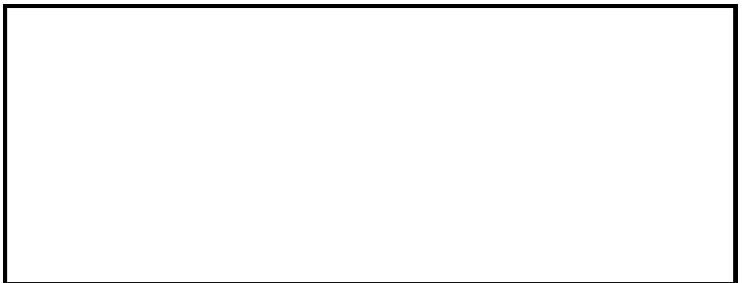
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DAY 16 | MONDAY | JAN 23

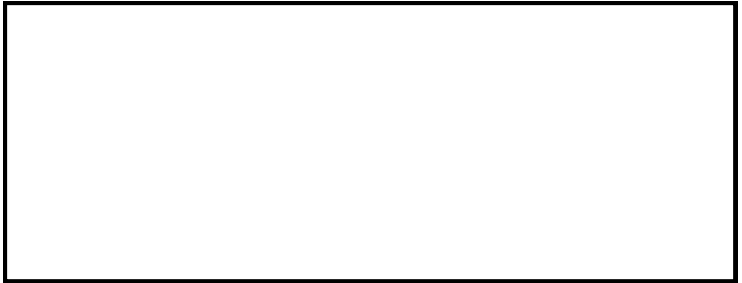
GOD IS GOOD

SCRIPTURE: JOSHUA 15:13-19, MATTHEW 7:7-8 & 7:11,
JAMES 1:17

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Observation



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Prayer



DAY 17 | TUESDAY | JAN 24

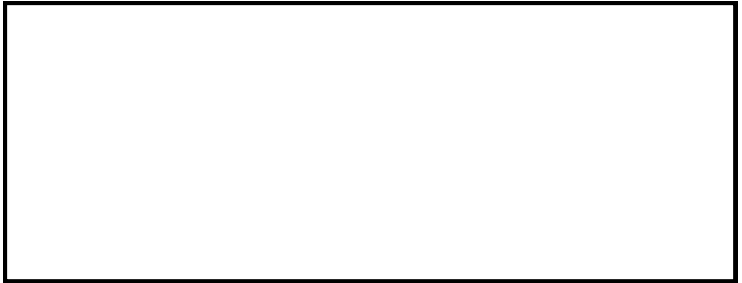
NOTHING IS IMPOSSIBLE

SCRIPTURE: LUKE 1:35-38, MATTHEW 19:26

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Scripture



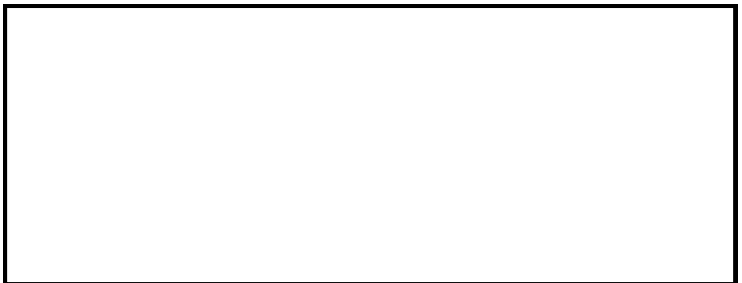
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DAY 18 | WEDNESDAY | JAN 25

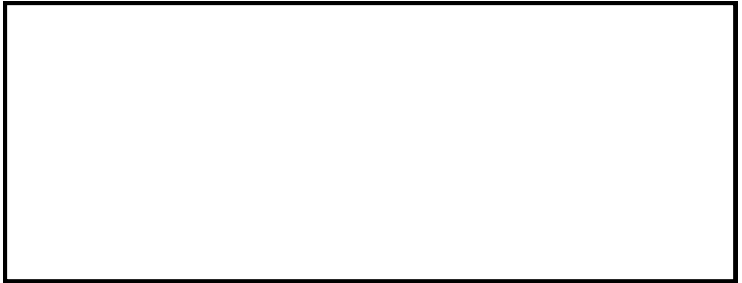
EXTRAORDINARY LOVE

SCRIPTURE: JOHN 3:16-17, 1 JOHN 4:7-9,
JONAH 3:5-9

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Scripture



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Observation



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Prayer



DAY 19 | THURSDAY | JAN 26

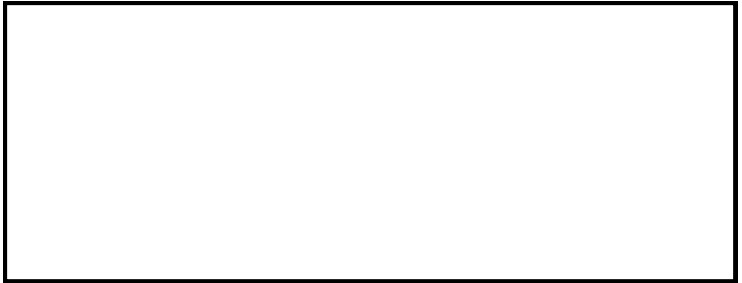
THE SPIRIT AND THE WILDERNESS

SCRIPTURE: LUKE 4:1-14, MARK 1:12

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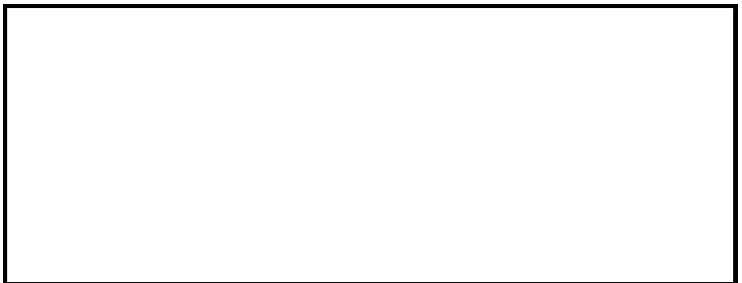
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DAY 20 | FRIDAY | JAN 27

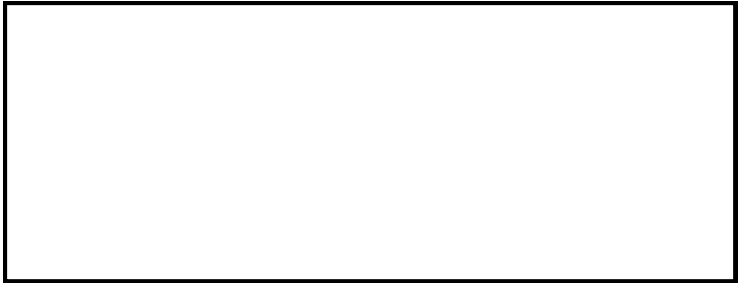
ASKING FOR HELP

SCRIPTURE: MARK 6:6-13 & 9:14-29

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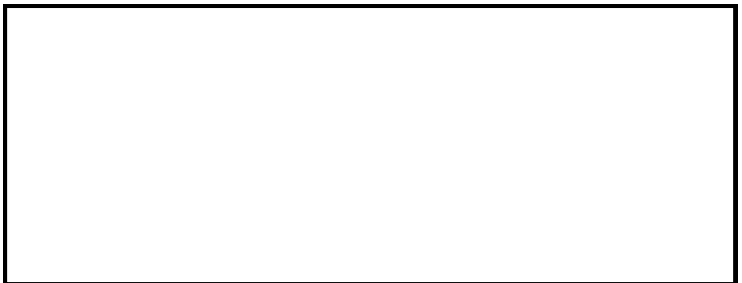
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DAY 21 | SATURDAY | JAN 28

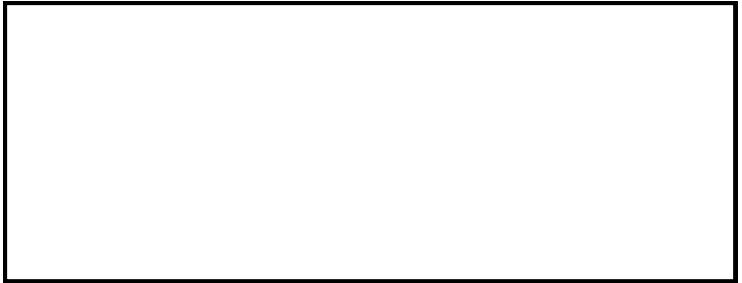
LORD, SEND REVIVAL

SCRIPTURE: JOEL 2:28-30 & 2:32

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Scripture



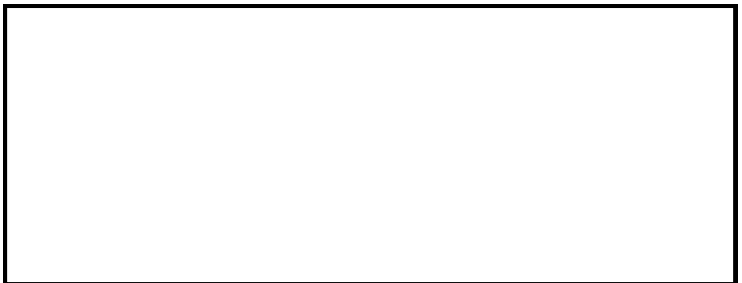
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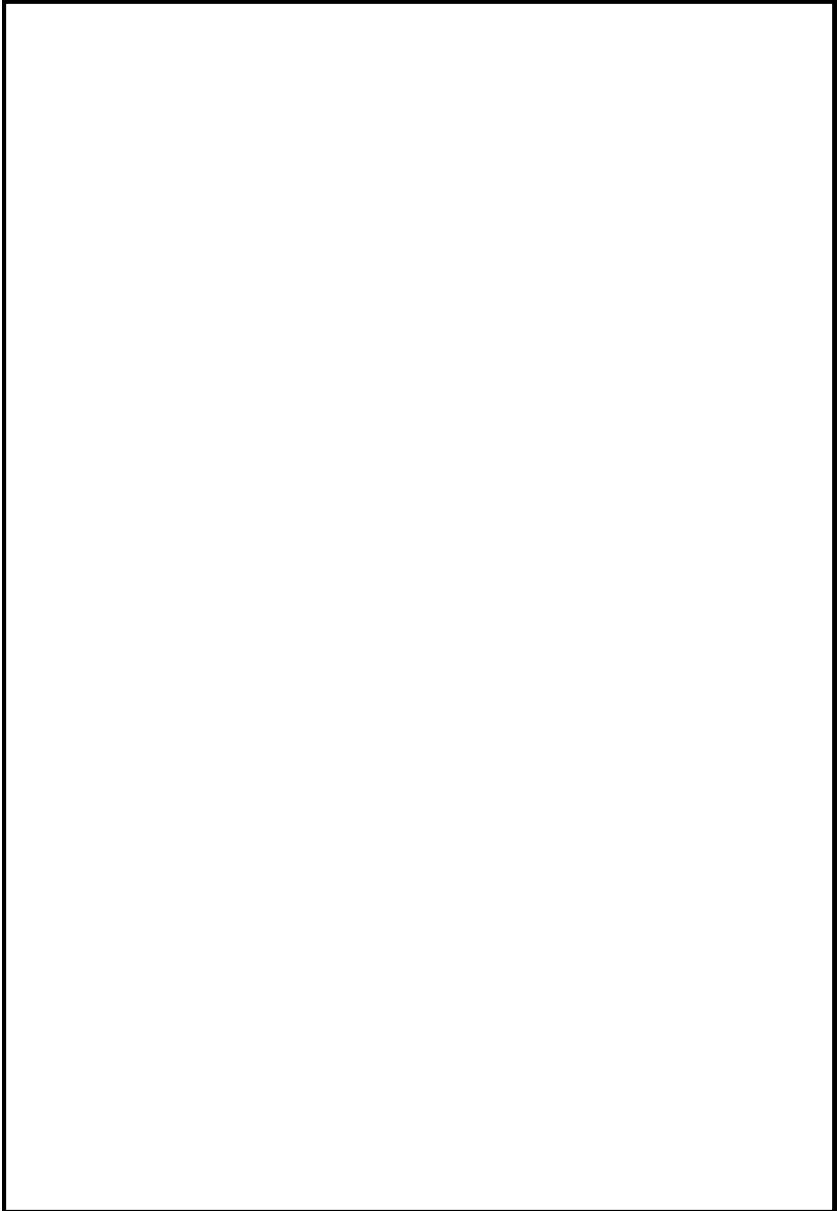
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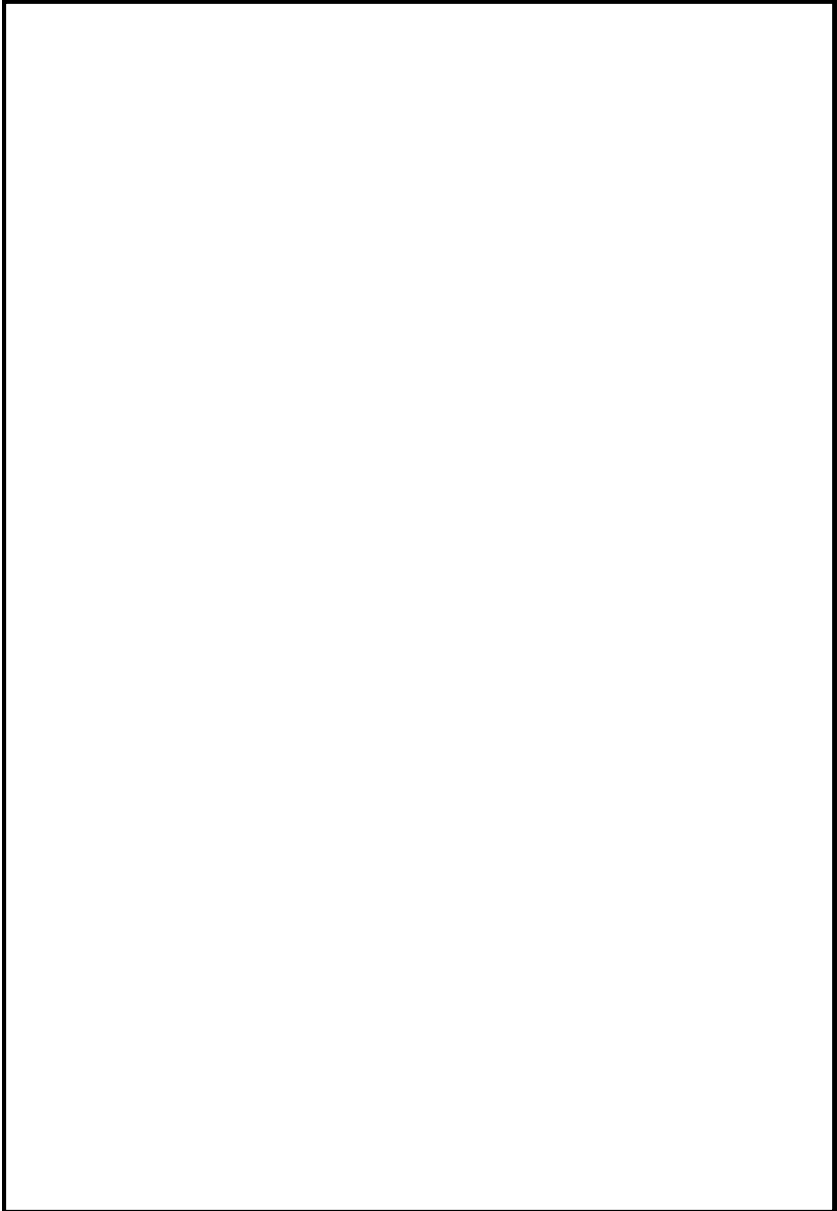
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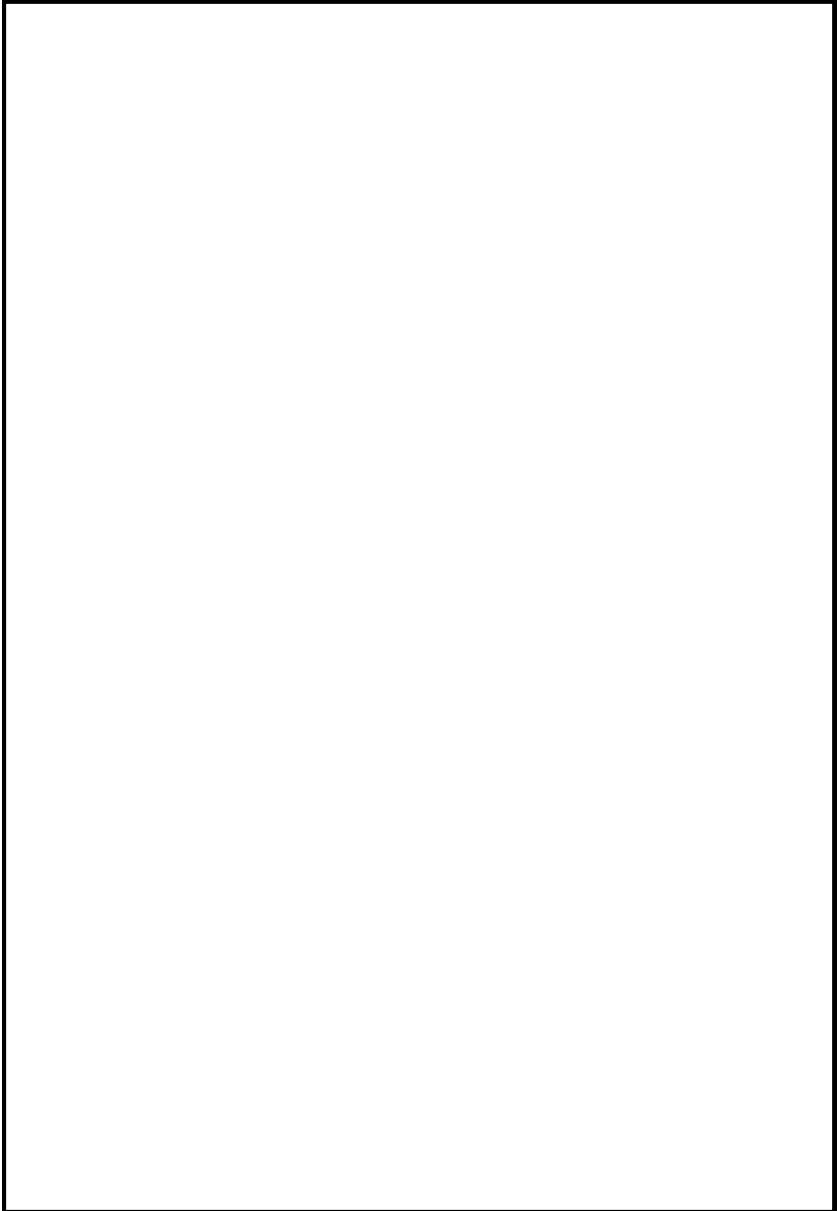
Notes & Prayer Requests:

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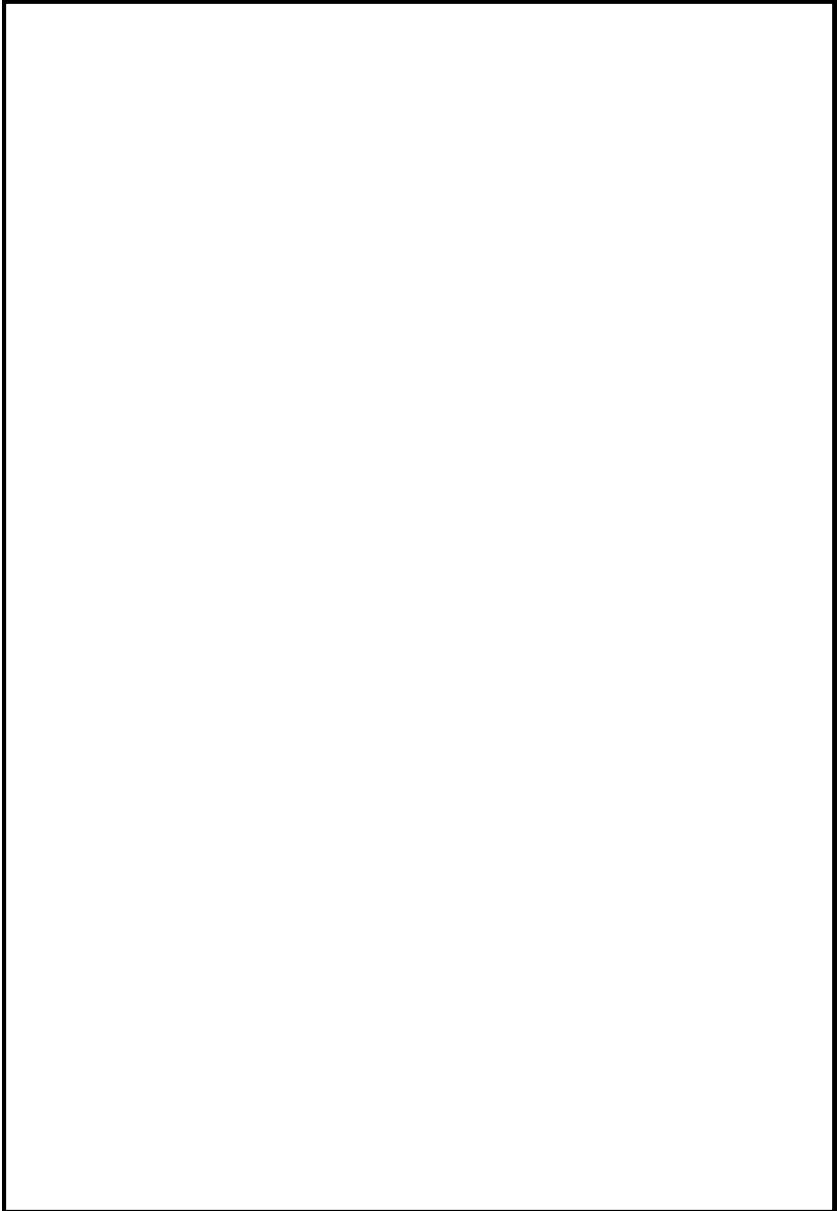
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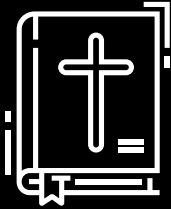
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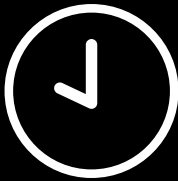


S.O.A.P.

Scripture | Observation | Application | Observation



Join us for Facebook LIVE every weekday at 6:30am for a special time of prayer and encouragement during our 21 Days of Prayer.



We will be meeting on Saturdays (January 14, 21, & 28) for group prayer at the HOPE Church offices at the Roper YMCA at 8:30AM.



Make plans to join us, Saturday, January 28 at 6:30pm for our Night of Worship as we close out our 21 Days of Prayer & Fasting.



Email us your prayer request and share stories of how God is working over these 21 days at 21days@hopewintergarden.com

WWW.HOPEWINTERGARDEN.COM