

21 DAYS
21 DAYS
21 DAYS

PRAYER

21 DAYS
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21 DAYS

JANUARY 2024



A NOTE FROM YOUR PASTORS:

Dear Hope Church Family,

We are so excited to kick off the New Year with 21 Days of Prayer together. Prayer is a powerful tool that we as Christians use to speak to our Heavenly Father. The power of prayer isn't in the person praying. It's not a magic formula. It isn't keywords. It is an open heart, humble and filled with awe of who our mighty God is. The power is in WHO we are praying to.

During these 21 Days of Prayer, we want to pray *for* each other and *with* each other. If you have something specific you'd like us to pray for during this time, email 21days@HOPEwintergarden.com with your request.

We will be LIVE on Facebook each weekday at 6:30am to pray together and be encouraged by God's Word. We will also be meeting in person each Saturday morning at 8:30am at the Hope Church offices located inside the YMCA.

We can't wait to see how God will work in the life of our church during this season. We believe families will be made stronger, relationships will be fortified, dreams will be renewed, vision will be clarified and so much more. Let's press in, Church!

Living with HOPE,
Pastor Wes & Diana



We will be reading the
You Version Bible Reading Plan,
"21 Days of Prayer and Fasting ."
Scan the QR code to join the plan
with our Hope Church Family!

CREATING A LIFESTYLE OF PRAYER

"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed."

- Mark 1:35

Prayer is most effective when it isn't something we do every now and then, but when it's a lifestyle we cultivate. To understand how to have a lifestyle of prayer, we can look at the example Jesus gave during His life on earth.

HAVE A CERTAIN TIME

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God - whether it's first thing in the morning, at lunch, or in the evening - and faithfully keep it.

HAVE A CERTAIN PLACE

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

HAVE A CERTAIN PLAN

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." This outline is available in this guide. As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

PRAYER IS HOW WE CONNECT WITH GOD

The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God, aligns our priorities with His, and helps us live dependently on Him. This model takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed.

USE THE MODEL JESUS GAVE US: "THE LORD'S PRAYER"

Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don't let us yield to temptation, but rescue us from the evil one. For yours is the kingdom and the power and the glory forever, Amen.

MATTHEW 6:9-13 NKJV

- Connect with God relationally. "Our Father in Heaven"
- Pray His will first. "May your Kingdom come soon. May your will be done on earth, as it is in Heaven"
- Depend on Him for everything. "Give us today the food we need"
- Keep your heart right with God and people. "Forgive us our sins, as we forgive those who sin against us"
- Have faith in God's ability "For yours is the kingdom and the power and the glory forever"

WHY DO WE PRACTICE FASTING?

"When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting...But when you fast, put oil on your head and wash your face, so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you."

Matthew 6:16-18

WHAT IS FASTING?

Fasting is voluntarily going without food — or any other regularly enjoyed, good gift from God — for the sake of a spiritual purpose; something that is definitely counter-cultural in today's consumerist society.

WHAT DOES THE BIBLE SAY ABOUT FASTING?

When Jesus talks about fasting he assumes his followers will fast. He doesn't say "if," but "when you fast" (Matthew 6:16). And he doesn't say his followers might fast, but "they will" (Matthew 9:15). We fast in this life because we believe in the life to come. Because we have tasted and seen the goodness of the infinite God — and are desperately hungry for more of him.

HOW DO WE FAST?

Pick something to set aside in this season. Some examples are food, electronics, social media, caffeine, or anything that you may rely upon daily. Instead of turning to those things where you usually would, spend time with God instead. Ask him for a dependence and hunger for His ways, His Will, and His Heart.

S.O.A.P.

SCRIPTURE | OBSERVATION | APPLICATION | PRAYER

Our desire is that every believer would learn to hear from God daily through His Word. We believe that doing daily devotions patterns the way we think, transforms our heart, and helps us become more like Jesus! One practical way to study the Bible is to use the SOAP Method:

SCRIPTURE

Write down in your journal the verse(s) of the day.

OBSERVATION

Write down observations about the scripture you just read. What do you think God is saying through this scripture?

APPLICATION

Personalize what you have read by asking yourself how it applies to your life right now.

PRAYER

Write down a personal message from you to God based on what you just learned, and ask him to help you apply this truth in your life.

SOME HELPFUL TOOLS

Bible, Pen, Journal, 21 Days of Prayer Guide

DAY 1 | MONDAY | JAN 8

SCRIPTURE: ISAIAH 58:6

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PRAYER

DAY 2 | TUESDAY | JAN 9

SCRIPTURE: 1 PETER 1:18-21

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PRAYER

DAY 3 | WEDNESDAY | JAN 10

SCRIPTURE: COLOSSIANS 1:20

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SCRIPTURE



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OBSERVATION



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APPLICATION



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PRAYER



DAY 4 | THURSDAY | JAN 11

SCRIPTURE: 2 CORINTHIANS 5:17

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OBSERVATION



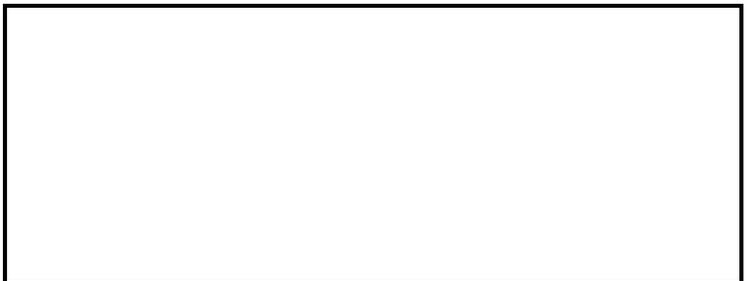
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DAY 5 | FRIDAY | JAN 12

SCRIPTURE: MATTHEW 11:28-30

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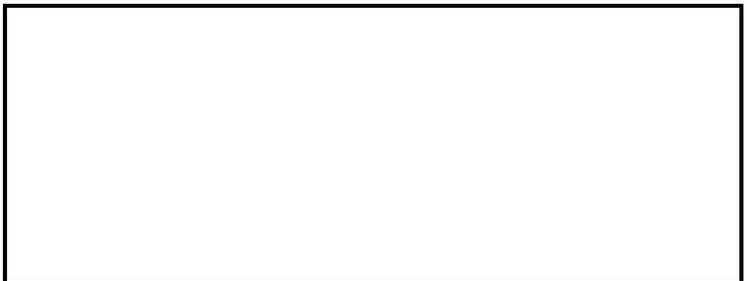
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PRAYER



DAY 6 | SATURDAY | JAN 13

SCRIPTURE: ROMANS 8:31-39

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PRAYER

DAY 7 | SUNDAY | JAN 14

SCRIPTURE: PSALMS 119:45

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DAY 8 | MONDAY | JAN 15

SCRIPTURE: HEBREWS 12:1-3

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DAY 9 | TUESDAY | JAN 16

SCRIPTURE: ROMANS 8:1

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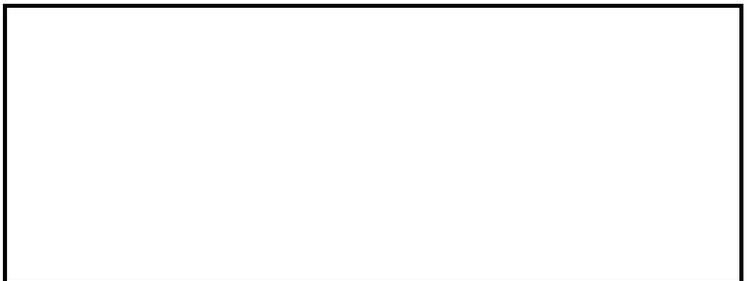
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DAY 10 | WEDNESDAY | JAN 17

SCRIPTURE: ROMANS 12:1

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PRAYER



DAY 11 | THURSDAY | JAN 18

SCRIPTURE: HEBREWS 12:28

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DAY 12 | FRIDAY | JAN 19

SCRIPTURE: GALATIANS 5:1

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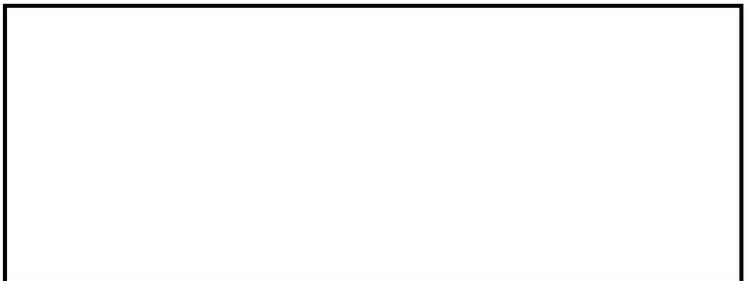
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PRAYER



DAY 13 | SATURDAY | JAN 20

SCRIPTURE: PHILIPPIANS 2:12-13

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PRAYER

DAY 14 | SUNDAY | JAN 21

SCRIPTURE: EPHESIANS 6:13

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DAY 15 | MONDAY | JAN 22

SCRIPTURE: COLOSSIANS 4:3

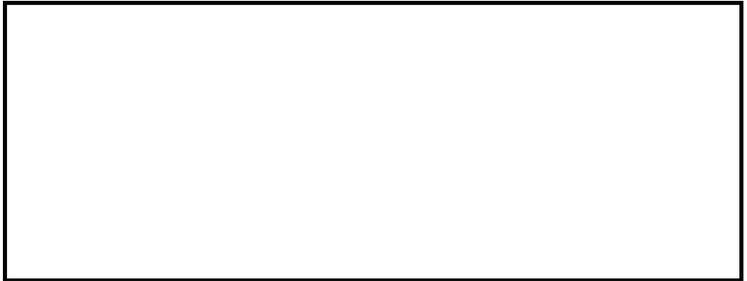
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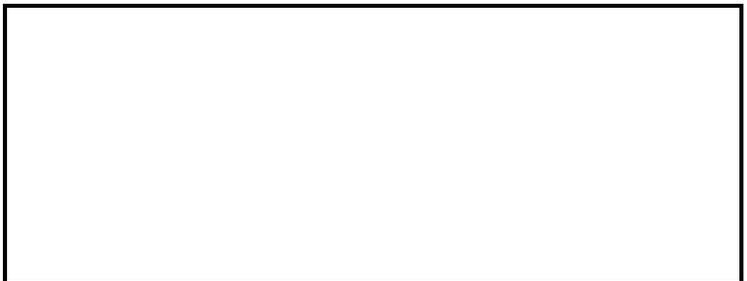
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DAY 16 | TUESDAY | JAN 23

SCRIPTURE: PSALMS 34:18

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DAY 17 | WEDNESDAY | JAN 24

SCRIPTURE: JEREMIAH 29:7

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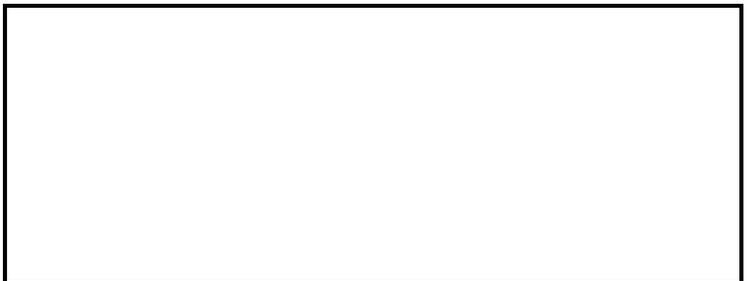
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DAY 18 | THURSDAY | JAN 25

SCRIPTURE: ISAIAH 1:17

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PRAYER



DAY 19 | FRIDAY | JAN 26

SCRIPTURE: MATTHEW 5:44-47

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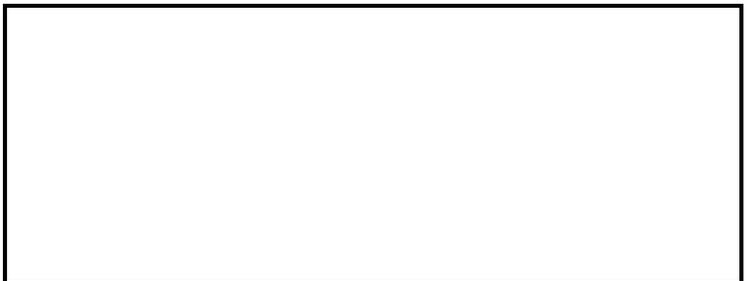
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DAY 20 | SATURDAY | JAN 27

SCRIPTURE: GALATIANS 5:13-14

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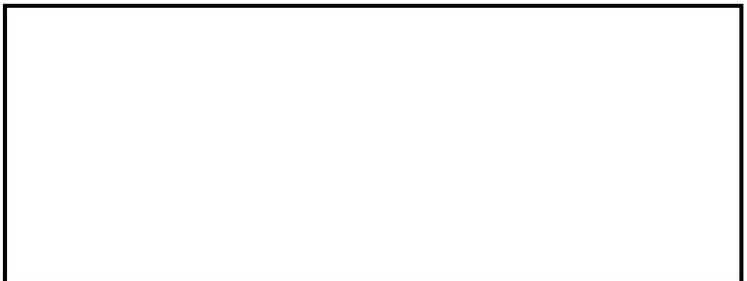
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DAY 21 | SUNDAY | JAN 28

SCRIPTURE: 2 CORINTHIANS 5:18-20

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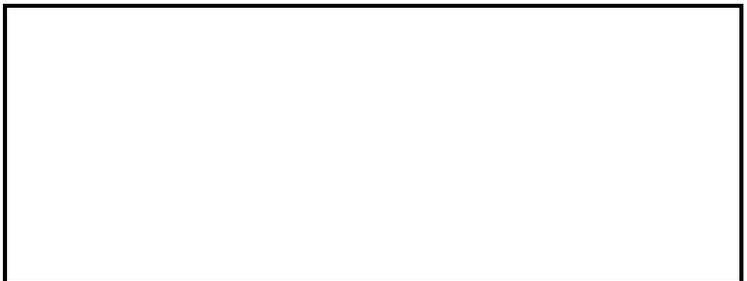
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PRAYER



NOTES & PRAYER REQUESTS:

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SCRIPTURE | OBSERVATION | APPLICATION | PRAYER



Join us for Facebook LIVE every weekday at 6:30am for a special time of prayer and encouragement during our 21 Days of Prayer.



We will be meeting on Saturdays (January 13, 20, 27) for group prayer at the HOPE Church offices at the Roper YMCA at 8:30AM.



We will have ONE SERVICE at 10am on January 28 for our entire church family to come together and CELEBRATE all God did during our 21 Days of Prayer!



Email us your prayer request and share stories of how God is working over these 21 days at 21days@hopewintergarden.com

WWW.HOPEWINTERGARDEN.COM